



## Robert Digings

Robert is a skilled communicator. He enables companies to achieve their objectives using business television, corporate audio, conferences, Q&As and award ceremonies. He facilitates people development sessions and coaches executives in interpersonal, television and live event communication.

Robert is passionate about skilful communication and self-awareness, particularly their importance to leadership, achievement and wellbeing. He facilitates individual, team and organisational development sessions enabling people to realise more of their potential by improving teamwork, creativity and performance. He believes the quality of the relationship we have with ourselves is the foundation to enjoying successful and fulfilling lives.

For six years Robert has presented live monthly business television for **Land Rover** communicating key strategic and tactical initiatives to the UK dealer network. He has also hosted their **Dealer of the Year Awards** at the Celtic Manor, Gleneagles and in Vilamoura, Portugal. He regularly welcomes new staff to the **BBC** on their induction programme **Upfront** and presents a quarterly training programme for **VOSA**, watched at the UK's 19,000 MOT Test Centres.

Robert is an experienced conference and live event facilitator. He is engaging, creative and entertaining, as charismatic in front of a large audience as he is on live television. Robert has hosted conferences for **Volvo Asia Pacific**, **Exact Software** and the **IVCA's MAPCOM**. He has also demonstrated the BBC's virtual studio technology at **IBC** in Amsterdam and regularly presents programmes for **BBC People Development**.

Robert launched **Sky Digital** to Sky's major retailers on a UK tour and hosted a national competition to find their **Satellite Retailer of the Year**. For **Sky Business** he has presented four series of **The Knowledge**, a structured training programme for retailers covering topics as diverse as customer service and information technology.

Robert has also coached many senior executives to be confident communicators themselves, including those from the **Institute of Directors**, **BMW**, **Linklaters and Alliance** and **Marks & Spencer**.

He trained at BBC Television Centre for three years on shows including **EastEnders**, **Top of the Pops**, **Wogan** and **That's Life!** before joining **BBC Radio Suffolk** as their youngest presenter in 1990.

To find out how Robert could begin working with you and your people, contact Mia Patterson on +44 (0) 1732 369 293.

We can help with your next communication project, people development or communication skills training. Take the next step and [contact](#) us now.

We look forward to working with you.

### Related Pages

[Broadcaster](#)  
[Conference Facilitator](#)  
[People Development](#)

#### ► Presenter

Do you use business television, corporate audio, conferences, Q&As or award ceremonies? Are you looking for a skilled presenter to engage your audience...

#### ► Team Development

We all know the importance of excellent teamwork, but how often do you achieve it? Does your team need some help relating and achieving more together...

#### ► Here to Help

Find out how we can help with your next communication project or training. We'd love to hear from you.

Email [Mia Patterson](#) by clicking here or phone us on +44 (0) 1732 369 293

#### ► Join Us!

Click here to join our regular email update. You'll get special offers, free advice and important news about how we can help you. All without lifting a finger!

#### Download this page:



[Robert Digings](#)

### robert digings

